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ABSTRACT

This book offers college students ideas on how to maximize their success in college by examining the personal management techniques a student needs to succeed. Chapters are as follows: "Getting and Staying Motivated"; "Setting Goals and Tapping Your Resources"; "Conquering Time"; "Think Yourself to College Success"; "Understanding and Remembering What Your Instructors Say"; "How to Get Better Grades by Studying Smarter"; "Maximizing Your Success on Exams"; "You Can Write Your Way to College Success"; "Choosing Courses, a Major, and a Career"; "Managing Your Finances"; and "Putting It All Together: The Winning Edge." The book emphasizes thinking and writing skills, stresses values and ethics and their relation to better grades and personal success, guides students in developing and internalizing an appreciation of knowledge and learning, and provides success steps that are directly applicable to the improvement of academic performance. Includes 60 references. (GLR)

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